RCIL Partners with Kansas DHP on Health Care Access

The Kansas Disability and Health Program (DHP) selected RCIL as one of the five Centers for Independent Living (CILs) in the state to conduct a total of 10 health care and fitness facilities assessments by using the Community Health Environment Checklist (CHEC). The CHEC is a tool for measuring how usable public spaces are for people with disabilities. The Director of Core Services, Adam Burnett, represented RCIL in this project.

Adam and other CILs representatives completed and passed the online training to conduct a CHEC assessment for mobility. Each CIL representative conducted two assessments in their areas. These included seven medical clinics, one vision clinic, one dental clinic, and one fitness center. Each site received a score for usability based on a possible 100 points. There were two common reasons for a deduction in points and they were lack of an accessible exam table and lack of an accessible scale. When provided with their scores, several of the clinics made changes promptly. Two of the medical clinics installed a lower reception counter that is less than 26 inches high. Many other clinics are committed to make changes including widening the only accessible parking space.

The CHEC assessments resulted in increased awareness among facility staff of disability access issues and new relationships between CILs and medical providers in their communities. The DHP will partner with CILs again in the coming year to conduct more CHEC assessments and develop relationships with other health care providers in their communities.

SPIL Workgroup: Employment

The Statewide Independent Living Council of Kansas (SILCK) has a Statewide Plan for Independent Living (SPIL). What is the SPIL? The SPIL was developed from feedback they received from people with disabilities and community partners from all areas in Kansas. There are four SPIL workgroups in Kansas to work on increasing access and independent living for Kansans with disabilities. The workgroups are housing, employment, transportation, Continued on page 2
SPIL Employment

Continued from page 1
and outreach. Today we are going to give
you updates on the SPIL employment
workgroup.

The SPIL employment workgroup con-
sists of persons from many different
agencies such as Centers for Indepen-
dent Living, Managed Care Organiza-
tions, the Kansas Council on Develop-
mental Disabilities, and other disability
services providers. Together these indi-
nuals are working towards achieving
the workgroup’s three main goals which
are: 1) Providing opportunities for peo-
ple with disabilities to learn about work
incentives, 2) Providing opportunities
for employers to learn the benefits of
hiring persons with disabilities, and 3) 
Preparing or partnering with other agen-
cies to support Disability Mentoring Day
(DMD) efforts.

The workgroup meets quarterly via con-
fidence call or in person depending on
the meeting agenda. During the meet-
ings the participants are able to share
ideas and resources, learn about upcom-
ing or completed employment related
events, discuss any challenges they are
facing, and offer ideas and support to
overcome those challenges. The work-
group is open to anyone who is interest-
ed in joining and persons with a current
or previous employment experience can
be especially helpful. The workgroup
would especially like to invite businesses
and employers to join and help carry out
the goals mentioned previously.

If you are interested in joining the work-
group, or learning about your employ-
ment options, contact Adam Burnett at
the Osage City RCIL office at 785-528-
3105.

Kansas Voting Registration Deadlines

People with disabilities have many op-
tions in how to place their vote. Be-
low are 5 ways to place your vote:
1. Use the accessible voting machine at
your polling places.
2. Curbside voting within your car – 2
poll workers from different parties
should be present.
3. Use the assistance of a poll worker or
other individual.
4. Advanced Voting by mail.
5. Permanent Advanced Voting
by mail.

Review the “Important Dead-
lines to Remember” to find
out when is the last day to register to
vote and to apply for advance voting bal-
lot. You will also find dates for the pri-
mary election and general elections. To
learn more about your voting rights or
to request assistance with registering to
vote, contact your local RCIL office. Ad-
ditional information and resources can
be found at http://www.drckansas.org/
drc-programs/voting.

Important Deadlines to Remember:

July 17, 2018 - Register for the August
Primary

July 31, 2018 - Apply for Advance
Voting Ballot for primary election

August 7, 2108 - Primary Election

October 16, 2018 - Register for the
General Election

October 30, 2018 - Apply for Advance
Voting Ballot for general election

November 6, 2018 - General Election

Alternate Formats

To receive a copy of
this newsletter in an
alternate format, please
call 1.800.580.7245.

Summer 2018
Throughout the year, the Resource Center for Independent Living, Inc. (RCIL) accomplished several great things, including partnering with the University of Minnesota on a research project, expanding coverage area for the older blind program, offering consumer-directed training, developing a video about a successful advocacy project in Emporia, educating elementary students and college students about disability history and awareness, participating at a youth event in Emporia, participating in Disability Mentoring Day, receiving donations from businesses and individuals, conducting ADA surveys for accessibility at voting sites, teaching independent living skills to youth, educating community partners about Kansas Centers for Independent Living (CILs), and enhancing professional training and continuing education opportunities for staff. While the accomplishments described below highlight some of the great things that happened at RCIL, there is great pride in the many accomplishments for 2017 and we are excited to find out the opportunities and challenges RCIL will face in 2018!

**Partnership with the University of Minnesota**

RCIL was one of the CILs in the nation that partnered with colleagues from the University of Minnesota's Institute on Community Integration to improve the way states and counties decide if adults with physical disabilities are getting effective, high-quality services at home and in the community. RCIL held three focus groups at the Emporia Humanitarian Center from January 25-26, 2017. Each focus group had a target audience of local advocates who were interested in sharing their voice regarding their experiences with home and community based services (HCBS) such as case management, community living support, and supported employment. The target audiences were family members who have a family member with physical disabilities who is receiving HCBS, individuals with physical disabilities who are receiving HCBS, and providers of HCBS to adults with physical disabilities. The University of Minnesota facilitated each of the focus groups and received great feedback from our local advocates.

**RCIL Expands Coverage Area for Older Blind Program**

The iKan-RCIL program started in August of 2010 and its purpose is to teach people who are blind or have low vision and are 55 years or older how to live as independently as possible. iKan-RCIL has been possible with contracts awarded from Kansas Rehabilitation Services (KRS) that allows funding for orientation and mobility training, assistive technology aids and devices, and independent living training. RCIL received its third contract that started on July 1, 2017 along with nine additional counties.

Since inception, iKan-RCIL has more than doubled in size from 15 counties in 2010, to 32 counties beginning in July 2017. The coverage area includes the following counties: Allen, Anderson, Bourbon, Brown, Chase, Chautauqua, Cherokee, Clay, Coffey, Crawford, Dickinson, Doniphan, Elk, Mandy displays assistive technology devices when she gives presentations to promote iKan-RCIL services and educate the public.
2017 Highlights & Donors

Geary, Greenwood, Jackson, Labette, Lyon, Marion, Marshall, Montgomery, Morris, Nemaha, Neosho, Osage, Pottawatomie, Riley, Shawnee, Wabaunsee, Washington, Wilson, and Woodson.

Certified Orientation and Mobility Specialist Mandy Smith provides the services for this program. She travels to individuals’ homes to teach the skills and/or give items that will allow individuals to be as independent as possible. She give presentations to promote services and educate the public. She will also be hosting independent living classes through the next three years throughout the 32 counties.

RCIL Consumer-Directed Training

On November 27, 2017 the Director of Financial Management Services (FMS) Becky Brewer and Information and Assistance Coordinator Mandy Kline facilitated a RCIL Consumer-Directed Training during the Emporia RCIL Friends group meeting at Broadview Towers apartments in Emporia. There were 14 consumers that attended the training. Training topics included: How to be the employer of their Direct Support Workers (DSWs) including recruitment, screening, interviewing, hiring, training, managing and dismissing their DSWs, Enhanced Care Services, Setting the DSWs Schedule and Wage, Kansas AuthentiCare, Medicaid Fraud and Abuse, Neglect and Exploitation. Participants received a copy of the RCIL Consumer-Directed Handbook to take home and use as a resource. RCIL plans to offer more RCIL Consumer-Directed Trainings at several RCIL Friends groups during 2018.

Stoplights Don’t Stop Us!

RCIL and the University of Kansas Research and Training Center on Independent Living (RTCIL) worked together several months to develop a video called “Stoplights Don’t Stop Us!” They were proud to publish their video on YouTube during the Fall of 2017. This video reflected on how the Emporia RCIL Friends group successfully advocated by requesting to extend the pedestrian stoplight crossings timers around downtown Emporia to allow pedestrians to walk across a street safely. This video has been used in RCIL’s outreach efforts since it was published. To learn more about the advocacy project, watch this video at https://www.youtube.com/watch?v=BQEf-y08-To.

Disability History and Awareness Days

RCIL went to three elementary schools in the Eastern part of Kansas to educate students and faculty members about disability history and awareness in 2017. This was RCIL’s second round educating on disability history and awareness at the three schools since 2012. RCIL used 4 stations designed to give them information or experience of what it is like to have a disability at all three schools. The stations were beep-ball game, van demonstration, a wheelchair maneuvering course, and a video featuring children with
## 2018 FRIENDS GROUP SCHEDULE

**RCIL Offices are CLOSED on July 4, 2018 and September 3, 2018!**

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<tr>
<th>Location</th>
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<tr>
<td>El Dorado</td>
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<td>July 25th</td>
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<td>ADA Celebration</td>
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<tr>
<td>Aug. 22nd</td>
<td>1pm</td>
<td>Assistive Technology Resources</td>
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<tr>
<td>Sept. 26th</td>
<td>1pm</td>
<td>Prescription Assistance Resources</td>
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<tr>
<td><em>Advocacy Project — Accessibility Parking Surveys</em></td>
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<td><em>Location RCIL Office, 615 1/2 N. Main, El Dorado</em></td>
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<td>Aug. 27th</td>
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<td>Mental Health</td>
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<td>Sept. 24th</td>
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<td>The Importance of Sleep</td>
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<td><em>Advocacy Project — Public Transportation</em></td>
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<td><em>Location Broadview Towers Apartments, 110 W. 6th Ave., Emporia</em></td>
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<td>Assistive Technology Resources</td>
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<tr>
<td>Sept. 25th</td>
<td>1pm</td>
<td>Prescription Assistance Resources</td>
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<tr>
<td><em>Advocacy Project — Develop Emergency Preparedness Plan</em></td>
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<td><em>Location Magic Circle Apartments, 301 Magic Circle Rd., Eureka</em></td>
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<td>July 11th</td>
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<td>ADA Celebration</td>
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<tr>
<td>Aug. 8th</td>
<td>1pm</td>
<td>Self Direction Toolkit Training</td>
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<tr>
<td>Sept. 12th</td>
<td>1pm</td>
<td>Arts, Crafts, and Hobbies</td>
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<tr>
<td>* Advocacy Project — Build an Accessible Playground at Gunn Park*</td>
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<tr>
<td><em>Location Fort Scott Housing Authority, 315 Scott St., Fort Scott</em></td>
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**Advocacy Project** is a project to make a change in your local community to accommodate people with disabilities. Are you interested to get involved and to make a difference in your community? Attend your local Friends group for more information!

In cases of inclement weather, please call ahead!

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<td><em>Advocacy Project — Disability Cookbook</em></td>
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<td><em>Location Iola Housing Authority, 217 N. Washington Ave., Iola</em></td>
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<td>Advocacy Training</td>
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<td>Sept. 12th</td>
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<td>Volunteering is Good for Health</td>
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<td><em>Advocacy Project — Pending</em></td>
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<td><em>Location Park Place Apartments, 207 S. 6th St., Osage City</em></td>
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<td>Sept. 28th</td>
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<td>Arts, Crafts, and Hobbies</td>
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<tr>
<td><em>Advocacy Project — Mental Health Awareness event</em></td>
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<tr>
<td><em>Location Paola Housing Authority, 310 S. Iron Ave., Paola</em></td>
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**Accommodations:** Please contact us 2 weeks prior to a meeting to request accommodations.

For more information and locations please call or email us:

1-800-580-7245
info@rcilinc.org

Friends are groups of individuals who have, or have experienced, a disability. We meet monthly to share & learn about disability related topics, to advocate for change in our communities, and to have fun!
disabilities. RCIL held the disability history and awareness events on:

- April 25th at the Marais des Cygnes Valley Elementary School in Quenemo, KS. RCIL educated approximately 60 2nd, 3rd, and 4th graders.

- October 19th at the Burlingame Elementary School in Burlingame, KS. They educated approximately 90 kindergarteners through 4th graders. RCIL staff partnered with KYEA staff for this event by demonstrating how a vehicle can be modified to address accessibility needs of individuals with disabilities.

- November 9th at the Lyndon Elementary School in Lyndon, KS. They educated approximately 265 kindergarteners through 5th graders. There were two additional stations provided at this event and they were one-handed experience and hearing loss activity.

By the end of the day at each school, students and faculty members were inspired and had a better understanding about people with disabilities. The overwhelming positive feedback from teachers and students has prompted plans to continue to educate on disability history and awareness in elementary schools in 2018!

**RCIL Outreach Efforts**

RCIL participated at the Keep It a Safe Summer event at the Lyon County Fairgrounds in Emporia, KS as part of their Outreach Plan efforts. The event was held on May 24, 2017 targeting youth and families in Emporia and surrounding areas in Lyon County. There were over a thousand individuals that attended this event. RCIL displayed their booth and they provided RCIL information, freebies, and candies to everyone that stopped by their booth. One of the popular freebies RCIL gave away was disability awareness coloring books and crayons for kids. They also offered a fun activity by educating children on how to play golf in a wheelchair at their booth. This event gave away a lot of door prizes relating to summer activities to kids. Door prizes were donated by local organizations and businesses. RCIL was proud to donate two bicycles as their door prizes at this event.

RCIL also participated in outreach efforts in other areas in Eastern Kansas during 2017. Some of the events were Osage City Community Health Fair, Youth Leadership Forum (YLF) Real Life Event and Resource Fair, Department for Children and Families Resource Fair, Southeast Area Agency on Aging Expo, Kickapoo Health Fair, Washburn University Wellness Fair, Kansas Optometrist Association Convention, Greenwood County Coalition, Osage City Chamber of Commerce, Cowley County Homeless Initiative, and RCIL Trunk or Treat.
Disability Mentoring Day

In partnership with other stakeholders and community members, RCIL participated in Disability Mentoring Day (DMD) activities in Allen, Bourbon, and Butler counties during the Fall of 2017. DMD is designed to promote career development for students and other job seekers with disabilities through hands-on career exploration and job shadowing with employers. DMD is also designed to benefit from local creativity, with each community planning activities to best suit the interests and abilities of students, job seekers and local employers. For example, DMD in Butler County had 41 students. Every student had to arrange their own job shadow for a day with the employer of their choice prior to DMD. On DMD, breakfast and lunch were provided while students shared their job shadow experiences and learned from a couple of guest speakers about their experiences and resources relating to employment. Students also attended workshops to learn about interview skills, soft skills, and attire training.

DMD was a success in Allen, Bourbon, and Butler counties. RCIL plans to be actively involved in DMD next year.

Donors

While RCIL received funding from state and federal grants and waiver programs, many of our programs and services would not have been successful without the continued support of local businesses, organizations and individuals. We cannot thank our donors enough, but we would like to recognize businesses, organizations, and individuals who helped make 2017 a successful year for RCIL: Janet Arnold, Christine Babcock, Becky Brewer, Jeffrey and Michelle Bright, Clyde Burns, Julie Carlson, Kay Carothers, Rita Christison, Thomas and Donna Colstrom, Mike Conway, Loren DeBaun, Thomas and Laura DeBaun, Elle Dominequez, Brenda Dorr, El Dorado Charities Auxiliary Inc., Fire District #2, Bob and Priscilla Hamman, Roger Hammond, Jan Hemberger, Kelly Hickman, Alice Keazer, Douglas Kennedy, David Kissinger, Gary and Bonnie Koerber, Betty Lewis, Jodi Lohmeyer, Janet McFarland, Casey and Cheryl Mussatto, Marilyn Noonan, Osage County Courthouse, Fred Pearson, Todd and Alice Peterson, Charles and Debra Rinzler, J.P. and E.C. Roberts, Leland and Patti Shaffer, Slusher Family Trust, Michael Stack, Bud and Janet Steinle, Gail Stromgren, Leroy and Karen Stromgren, Bob and Patty Suppon, James and Lenore Thompson, Scott and Diana Thompson, Thompson Seed, USD #420, United Way of El Dorado, Rick and Pam Wilkins, CACS Willard and Pennie Senn, Wolf Creek Employee Association, and Donald and Bertie Lou Wymore.

ADA Surveys in Lyon County

In May 2017, RCIL received a request by the Lyon County Clerk to provide technical assistance to Lyon County regarding the Americans with Disabilities Act (ADA) accessibility of Lyon County voting sites. The Director of Core Services Adam Burnett conducted 16 ADA surveys for accessibility at voting sites in
2017 Highlights & Donors

Lyon County. Adam provided the Clerk’s office with reports measuring the accessibility of each polling location.

Disability Etiquette and Awareness Presentations

RCIL was honored to give presentations on disability etiquette and awareness at several places on the Emporia State University (ESU) campus in Emporia during 2017. On February 8, 2017 Director of Core Services Adam Burnett gave his presentation to a group of 25 Human Resources staff. He educated them about RCIL services, the ADA, and “Why Hire Persons with Disabilities” along with disability etiquette and awareness tips. Then RCIL received an invitation from the ESU Office of Diversity and Inclusion to give a presentation during the ESU disability awareness week. On March 13, 2017 Adam presented on RCIL services and disability etiquette and awareness to those who attended. Adam was interviewed following his presentation by the campus newspaper and it was published in the ESU newspaper later that week.

Lastly, RCIL received an invitation from an ESU college professor to give a presentation during his Introduction to Rehabilitation class. On November 14, 2017 the Information and Outreach Coordinator/Independent Living Specialist (ILS) Beth Burnett gave her presentation about Kansas CILs along with disability etiquette and awareness to 29 students. She also shared the RCIL’s video “Stoplights Don’t Stop Us” during her presentation.

Transition Age Independent Living Skills (TAILS)

In 2017, RCIL staff offered TAILS to seven youth with disabilities at the Santa Fe Trail High School Next Step Academy program. TAILS was a two session program and it was held on April 28th and May 5th. ILS Macy Collins shared information about housing such as fair housing, type of housing, and landlord and tenant rights agreement. Director of Core Services Adam Burnett educated them about employment which included the benefits of being employed, resources for employment, and how to overcome fears of starting employment. At the end of the last session, each youth with disabilities completed a survey and was offered an opportunity to request a meeting with an ILS to develop and work on an independent living goal. They all believed that their knowledge, skills, and resources had increased. Several of them requested an ILS to contact them about developing an independent living goal.

Workforce Innovation Fund Cross-System Training

In 2017, there were several Workforce Innovation Fund Cross-System trainings throughout Kansas to increase knowledge and partnership among agencies who provide services relating to employment for
people with disabilities. Kansas CILs was one of the training topics. RCIL was one of the CILs in Kansas that was asked to present at two Workforce Innovation Fund Cross-System trainings. Our Information and Outreach Coordinator/ILS Beth Burnett represented RCIL and presented about KS CILs on March 7th in Emporia and September 25th in Paola.

Professional Training and Continuing Education Opportunities for Staff

RCIL had the privilege to send staff to several trainings during 2017 to help them enhance their knowledge and skills in their work. Some of the trainings were Youth Transition: The Growing role of CILs, the Kansas Poverty Conference, the Mental Health First Aid for Youth, Recognizing and Reporting Medicaid Fraud, Kansas Housing Conference, Alternate Routes: Orientation & Mobility Techniques, Identifying Abuse in the Disabled Population, Recognizing and Responding to Caregiver Abuse, Total Access for Low Vision Students, Independent Living History and Philosophy, Assistive Technology for Kansans Training, Electronic and DME Cleaning and Sanitation, Abuse, Neglect, Exploitation and Adverse Incident Reporting, and KanCare Ombudsman Training.

Setting your DSW’s Schedule and Hourly Wage

As we have discussed in previous articles, many have fought long and hard for individuals with disabilities to be able to self-direct their own Home and Community Based Services. However, with the right to self-direct your own Home and Community Based Services come certain responsibilities. One of those responsibilities is working with your Direct Support Worker to determine their work schedule and set their hourly wage.

As the employer, you should have your copy of the Integrated Service Plan (ISP) developed by you and your Managed Care Organization’s (MCO) care coordinator. This Integrated Service Plan document lists the services and activities you have been authorized by the MCO to receive as well as the providers you have chosen to provide those services. The information discussed during your assessment with your care coordinator should have been used to determine the services and activities you need to remain independent in your own home. Your services might include Personal Services, Enhanced Care Services (Sleep Cycle Support) or Comprehensive Support Services. The activities might include bathing, dressing, meal preparation, medication assistance, laundry and housekeeping to name a few.

Working within your authorized services and service budget, you and your Direct Support Worker should determine a work schedule that is beneficial to both of you.

How do you accomplish this? Review your copy of the Individualized Service Plan (ISP) that lists the services and activities that your Managed Care Organization has authorized to be paid for you. Talk to your Direct Support Worker (DSW) and determine what services that DSW will perform for you and the hours per week they are.

Continued on page 9
Enter For Your Chance to WIN a FREE Prize!

The winner for the spring newsletter quiz goes to Jennifer Whatley! Congratulations!

To be entered into a drawing for a FREE prize, complete the quiz below and turn it in to RCIL by July 16, 2018 in the following ways:

- By mail: RCIL P.O. Box 257 Osage City, KS 66523
- OR e-mailing your answers to info@rcilinc.org

The winning ticket will be drawn on July 17, 2018 and the prize will be mailed to the winner on the same day.

Cut Here ❄

Circle True or False

1. To vote in the primary election I will need to register to vote by July 17, 2018. True False

2. If I want to vote from home for every election and I am a person with a disability I can apply for permanent advanced voting. True False

3. The two common reasons medical clinics had deduction in points during the CHEC assessment were lack of an accessible exam table and lack of an accessible parking. True False

4. An Integrated Service Plan is developed by a consumer and consumer’s MCO Care Coordinator. True False

Name: ________________________________

Address: ________________________________

Phone Number: ________________________________

---

DSW's Schedule and Hourly Wage Continued

Continued from page 8

expected to work. Remember, you are the employer and will set a schedule that works for both you and your DSW.

Once you have decided what service(s) this DSW will provide for you and the number of hours to be worked per week, contact RCIL to obtain a wage range for each DSW you employ. Once a wage range has been established, a form will be sent to you, the employer, to choose the hourly wage that you want to pay your DSW from the wage range. This form must have the wage entered by you, the employer, and then signed by you and your DSW and returned to RCIL for processing. RCIL must have a completed, signed copy of this form in your file.

Please contact Erinn Whalen or Becky Brewer if you have any questions about setting your DSW's schedule and/or wage at 1-800-580-7245.

If you have any questions or need any resources call Independent Living Specialist at 1-800-580-7245.
Moved?
If you’ve moved or changed your phone number, name, or email address, call 1.800.580.7245 so we can keep in contact with you!

We’re on the Web!
Visit us at: www.rcilinc.org
Find us on:

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Address
P.O. Box 257
1137 Laing
Osage City, KS 66523
Phone
1.785.528.3105 Voice
1.800.580.7245 Toll Free
1.877.929.7655 Payroll Help Desk
Fax
1.785.528.3665
Payroll Fax
1.785.528.2938

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1.800.960.7853 Toll Free
1.316.322.7888 Fax

Emporia
215 W. 6th Ave., Suite 202
Emporia, KS 66801
1.620.342.1648 Voice
1.888.261.4024 Toll Free
1.620.342.1821 Fax

Iola
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1.620.365.8144 Voice
1.877.944.8144 Toll Free
1.620.365.7726 Fax

Topeka
1507 SW 21st St., Suite 203
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1.785.267.1717 Voice
1.877.719.1717 Toll Free
1.785.267.1711 Fax