

# RESQURCE CENTER for independent living

Consumer Newsletter • Summer 2020

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### You Asked for It.....5

Kansas Voter Registration
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### Office Closures

July 3rd - Independence Day September 7th - Labor Day

### Vote From Home!

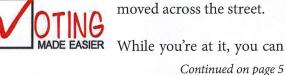
Did you know you can vote in every election without even leaving your house? The primary election is August 4th and that seems like a long way away, but to cast your vote you must be registered by July 14th!

Registering to vote is easy. You can register online at www.sos.ks.gov or you can complete the Kansas Voter Registration application in this newsletter. All you need is a State issued ID or driver's license. If you need help registering online or completing the

application, call RCIL!

If you think you are registered, you can check your registration status by visiting www.myvoteinfo.voteks.org or by calling your local county election office. Remember – If you've moved or changed your name, you need to update your

voter registration with your new location or your new name. Even if you just moved across the street.



### SPIL Workgroup: Employment

The Statewide Plan for Independent Living (SPIL) Employment workgroup continues to meet quarterly to work towards achieving their three main goals which are: 1) Providing opportunities for people with disabilities to learn about work incentives, 2) Providing opportunities for employers to learn the benefits of hiring persons with disabilities, and 3) Preparing or partnering with other agencies to support Disability.

other agencies to support Disability Mentoring Day (DMD) efforts.

Currently, the members are developing updated goals and objectives focusing on increasing employment opportunities for Kansans with disabilities. These new goals will be in place for the next three years.

The workgroup consists of persons from different agencies and disability services providers. It is open to anyone who is interested in joining. We need consumer and employer input and membership! Persons with current or previ-

ous employment experience can be especially helpful. If you are interested in joining the workgroup, or learning about your employment options, contact Adam Burnett at the Osage City RCIL office at 785-528-3105.



### RCIL Directors

Deone Wilson *Executive Director* 

Mike Pitts

Deputy Director

Becky Brewer Director of Financial Management Services

Adam Burnett
Director of Core Services

Tania Harrington Director of Disability Services

# Alternate Formats

To receive a copy of this newsletter in an alternate format, please call 1.800.580.7245.

### Online Friends Group Meeting

If you're like me, being stuck at home and afraid, or unable, to go out and visit with friends and family has become kind of depressing. I never realized how important that social interaction was to me. As we all learn to navigate our

new circumstances, RCIL is offering you a new and fun way to connect with the Independent Living staff and with other RCIL consumers. action was at 2:00 pm via Zoom. who attend will be er prize!

The prize of the second rates of the second

RCIL has recently started an online Friends group! RCIL

Friends groups usually meet in person and play games, learn about a topic, and share information with other consumers in attendance. The online group is the same except you can do it wherever you are via your computer or phone. We meet the second Tuesday of each month at 2:00 pm via Zoom. All participants who attend will be entered for a door

The next meeting is scheduled for July 14th. You can join us by phone or by computer / video. If you are interested in participating in the online Friends

meeting please contact the Osage office. You will receive an email or phone call with the instructions on how to join the meeting.

### Am I Committing Medicaid Fraud?

Are you unknowingly (or knowingly!) committing Medicaid fraud?

You are committing Medicaid fraud if you, or your Direct Support Worker

(DSW), are submitting time for payment under your Home and Community Based Services for any of the following:

- DSW did not actually work for the consumer
- Consumer is out of the home. You **cannot** claim **any** time worked if the consumer is:
  - → In the hospital, rehabilitation facility, nursing facility or any other inpatient facility
- → If the consumer is in jail or prison
- → If the consumer is out of the home

for any other reason (unless the DSW has been approved to accompany the consumer to provide their care while on a trip)

- Providing unauthorized activities (for example: lawn care, gar
  - dening, pet care unless it is a service animal)
  - Claiming activities were provided that the DSW did not actually provide

Other types of Medicaid fraud include:

- Claiming time worked for the consumer while actually working at another iob
- Claiming time worked for two or more Medicaid beneficiaries for the same time period (over-

Continued on page 3



### **Kansas Voter Registration Instructions**

### You can use this application to:

- register to vote in Kansas
- change your name, address, or affiliation with a political party

### To register to vote, you must:

- be a U.S. citizen and a resident of the state of Kansas.
- have reached the age of 18 years before the next election.
- have received final discharge from imprisonment, parole, or conditional release if convicted of a felony.
- · have abandoned your former residence and/or name.

### How to register to vote:

 Return your completed application to your county. Addresses are on the back of this application. Your county election officer will mail you a notice when your application has been processed. For further information, contact the Office of the Secretary of State, 1-800-262-VOTE (8683) V/TTY. This form is available at www.sos.ks.gov.

- Voter registration closes 21 days before any election.
   In order to be eligible to vote in that election, your application must be postmarked on or before that date.
- If you decline to register to vote, that fact will remain confidential and will be used for voter registration purposes only. If you do register to vote, the office where you apply will be kept confidential and will be used for voter registration purposes only.
- If this form is incomplete, it may be rejected.

### Identification number requirements

Enter your current Kansas driver's license number or nondriver's identification card number. If you do not have either one, enter the last four digits of your Social Security number. If you do not have any of these numbers, write "none" in the box. The number will be used for administrative purposes only and will not be disclosed to the public. K.S.A. 25-2309

Rev. 1/15/19 to

Print in blue or black ink, fold on the center line, seal, and return.

### Kansas Voter Registration Application

Warning: If you submit a false voter registration application, you may be convicted and sentenced to up to 17 months in prison.

	Qualifications: If you mark "no" in response to either Question	on 1 or 2, do not complete this form.
$\frac{1}{2}$	<ol> <li>Are you a citizen of the United States of America?</li> <li>Will you be 18 years of age on or before Election Day?</li> </ol>	○ Yes ○ No ○ Yes ○ No
	2. Will you be to years of age off of before Election Day?	O les O No

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Mailing Address (if differe	nt than residential addre	ess)	City		Zip	Date Residence E	established (MM/DD/YY)
Birth Date (MM/DD/YY)	Daytime Phone Num	ber (if available)	Naturalization Number	(if applicable)	Driver's License	Number or Last 4 Social S	ecurity (see instructions)
Party Affiliation: Cho	ose one of the follow	ving: O Democrat	ic ⊝ Republican ⊝ Li	bertarian () Not a	affiliated with a party	atalas traitica da eta trata esta transcribente de esta esta esta esta esta esta en esta esta esta en esta est Esta esta esta esta esta esta esta esta e	
Complete if previous registered (please pr				Previous Resident	ial Address (Street, City	, State, Zip, County)	
			States and a Kansas res ormer residence and/or				if convicted of a felony, I
Signature				Date (MM/DD/YY)			
For office use only: \		Pct.		School Dist.		Member Dist.	

\_ Section \_

Township \_

CoComm



### SCOTT SCHWAB, SECRETARY OF STATE Memorial Hall, 1st Floor 120 S.W. 10th Avenue Topeka, KS 66612-1594



Post Office Will Not Deliver Without Postage

County Election Officer	
	County
, KS	

Allen County 1 N. Washington Iola, KS 66749 Anderson County 100 E. 4th Garnett, KS 66032 **Atchison County** 423 N. 5th Atchison, KS 66002 Barber County 120 E. Washington Medicine Lodge, KS 67104 **Barton County** 1400 Main Rm 202 Great Bend, KS 67530 **Bourbon County** 210 S. National Fort Scott, KS 66701 **Brown County** 601 Oregon St Hiawatha, KS 66434

**Butler County** 205 W. Central El Dorado, KS 67042 Chase County Courthouse Sq / Box 529 Cottonwood Falls, KS 66845 Chautaugua County 215 N. Chautauqua Sedan, KS 67361 Cherokee County 110 W. Maple / Box 14 Columbus, KS 66725 Cheyenne County 212 E. Wash. / Box 985 St Francis, KS 67756 Clark County 913 Highland St / Box 886 Ashland, KS 67831-0886 Clay County 712 Fifth, Suite 102 Clay Center, KS 67432 **Cloud County** 811 Washington Concordia, KS 66901

Burlington, KS 66839 Comanche County 201 S. New York / Box 776 Coldwater, KS 67029 Cowley County 321 E. 10th Ave. Winfield, KS 67156 Crawford County 111 E. Forest / Box 249 Girard, KS 66743-0249 Decatur County P.O. Box 28 Oberlin, KS 67749 Dickinson County 109 E. First / Box 248 Abilene, KS 67410 **Doniphan County** P.O. Box 278 Troy, KS 66087 **Douglas County** 1100 Massachusetts St Lawrence, KS 66044 **Edwards County** 312 Massachusetts St Kinsley, KS 67547 **Elk County** 127 N. Pine / Box 606 Howard, KS 67349 Ellis County P.O. Box 720 Hays, KS 67601 Ellsworth County 210 N. Kansas Ellsworth, KS 67439 Finney County 311 N. 9th St., Box M Garden City, KS 67846 Ford County 100 Gunsmoke

Dodge City, KS 67801

Franklin County

Ottawa, KS 66067

315 S. Main

**Coffey County** 

110 S. 6th St Rm 202

**Geary County** 200 E. 8th St Junction City, KS 66441 **Gove County** P.O. Box 128 Gove, KS 67736 **Graham County** 410 N. Pomerov Hill City, KS 67642 Grant County 108 S. Glenn Ulysses, KS 67880 **Gray County** P.O. Box 487 Cimarron, KS 67835 Greeley County P.O. Box 277 Tribune, KS 67879 **Greenwood County** 311 N. Main Eureka, KS 67045 Hamilton County 219 N. Main / Box 1167 Syracuse, KS 67878 **Harper County** 201 N. Jennings Anthony, KS 67003 Harvey County 8th & Main / Box 687 Newton, KS 67114 Haskell County 300 Inman / Box 518 Sublette, KS 67877 **Hodgeman County** 500 Main Jetmore, KS 67854 Jackson County 400 New York Holton, KS 66436 **Jefferson County** P.O. Box 321

Oskaloosa, KS 66066

Jewell County

307 N. Commercia

Mankato, KS 66956

Johnson County 2101 E, Kansas City Rd Olathe, KS 66061 **Kearny County** 304 N. Main / Box 86 Lakin, KS 67860 Kingman County 130 N. Spruce Kingman, KS 67068 Kiowa County 211 F. Florida Greensburg, KS 67054 Labette County 501 Merchant / Box 387 Oswego, KS 67356 Lane County 144 S. Lane / Box 788 Dighton, KS 67839 Leavenworth County 300 Walnut Leavenworth, KS 66048 Lincoln County 216 E. Lincoln Áve Lincoln, KS 67455 Linn County P.O. Box 350 Mound City, KS 66056 Logan County 710 W. 2nd Oakley, KS 67748 Lvon County 430 Commercial Emporia, KS 66801 **Marion County** 200 S. Third, Suite 104

Marion, KS 66861

Marshall County

Marysville, KS 66508

McPherson County

McPherson, KS 67460

1201 Broadway

117 N. Maple

Meade County

Meade, KS 67864

P.O. Box 278

1025 Morton / Box 1116 Elkhart, KS 67950 Nemaha County 607 Nemaha / Box 186 Seneca, KS 66538 Neosho County 100 S. Main / Box 138 Erie, KS 66733 **Ness County** 202 W. Sycan Ness City, KS 67560 Norton County 105 S. Kansas / Box 70 Norton, KS 67654 Osage County 717 Topeka Ave / Box 226 Lyndon, KS 66451-0226 Osborne County 423 W, Main / Box 160 Osborne, KS 67473 Ottawa County 307 N. Concord Ste 130 Minneapolis, KS 67467 **Pawnee County** 715 Broadway Larned, KS 67550 Phillips County 301 State St Phillipsburg, KS 67661 **Pottawatomie County** 207 N. 1st / Box 187 Westmoreland, KS 66549

Miami County

Paola, KS 66071

Mitchell County

Beloit, KS 67420

Morris County 501 W. Main

Morton County

201 S. Pearl Ste 102

111 S. Hersey / Box 190

Montgomery County 217 E. Myrtle / Box 446

Independence, KS 67301

Council Grove, KS 66846

**Pratt County** 300 S. Ninnescah / Box 885 Pratt, KS 67124 Rawlins County 607 Main Atwood, KS 67730 Reno County 206 W. First Hutchinson, KS 67501 Republic County 1815 M. Street Belleville, KS 66935 Rice County 101 W. Commercial Lyons, KS 67554 Riley County 110 Courthouse Plaza Manhattan, KS 66502 **Rooks County** 115 N. Walnut Stockton, KS 67669 Rush County 715 Elm / Box 220 LaCrosse, KS 67548 Russell County 4th & Main / Box 113 Russell KS 67665 Saline County 300 W, Ash / Box 5040 Salina, KS 67402

Scott County

Scott City, KS 67871

Wichita, KS 67203-3798

515 N. Washington Ste 100

Sedawick County

Seward County

Liberal, KS 67901

Shawnee County 3420 SW Van Buren

Topeka, KS 66611

Sheridan County 925 9th St / Box 899

Hoxie, KS 67740

303 Court St

510 N. Main

Smith Center, KS 66967 Stafford County 209 N. Broadway St John, KS 67576 Stanton County 201 N. Main / Box 190 Johnson, KS 67855 Stevens County 200 F. 6th Hugaton, KS 67951 Sumner County 501 N. Washingtor Wellington, KS 67152 Thomas County 300 N. Court Ave Colby, KS 67701 Trego County 216 Main WaKeeney, KS 67672 Wabaunsee County 215 Kansas / Box 278 Alma, KS 66401 Wallace County P.O. Box 70 Sharon Springs, KS 67758 **Washington County** Washington, KS 66968 Wichita County 206 S. 4th Drawer 968 Leoti, KS 67861 Wilson County 615 Madison Fredonia, KS 66736 Woodson County 105 W. Rutledge Rm 103 Yates Center, KS 66783 Wyandotte County 850 State Ave Kansas City, KS 66101

Sherman County 813 Broadway Rm 102

Smith County 218 S. Grant

Goodland, KS 67735

# MIGHTY

Do you have a mobility-related disability? Looking to lose weight?

We are offering a research weight management program that provides:

- diet plan
- physical activity
- social interaction without leaving your home!



All participants must be over the age of 18 and willing to:



- Be randomized to either
  - Individual home visits
  - Group participation via video conferencing



- Track food and beverage intake
- Participate in physical activity according to randomization

Participants will learn behavioral strategies from a trained health educator. Participants will receive compensation for their participation in the study. No travel is required.

# For more information contact:

Trish Smith at mighty@ku.edu or call 785-764-1312 or visit www.ebl.ku.edu/mighty.

Individuals must live within 50 miles of Kansas City or Lawrence. This program is 18 months and takes place in the home.



### Am I Committing Medicaid Fraud? Continued

Continued from page 2

lapping time)

- Receiving pay from Medicaid and accepting private pay from another source for the same service
- Giving or accepting "kickbacks" (something of value in return for receiving services)
- Splitting the DSW's pay with your DSW
- Knowingly submitting false information
- Using another person's AuthentiCare ID # to submit time worked
- Providing incorrect dates and times for services performed

There are serious consequences for committing Medicaid fraud and may include:

- Arrest and prosecution, criminal penalties, fines and jail time
- Civil damages and monetary penalties
- Termination of Medicaid services
- Exclusion from working in any facility receiving federal health



care funds

• Loss of certification (example: CNA, LPN, RN, etc.)

To report suspected Medicaid fraud, call 1-866-551-6328.

Retaliation against any individual who reports suspected fraud, or participates in an investigation of such reports, is strictly prohibited by law.

As the employer for your Direct Support Worker(s), you are responsible to ensure you and your Direct Support Workers are not committing Medicaid fraud.

### 5 Apps for People who have Vision Loss

Iget questions many times about available apps for people who have vision loss. I thought I would write a brief description of five apps that have great features for people who are blind or visually impaired.

- 1. LookTel Money Reader This app uses the camera on the back of the phone/tablet and then says out loud, along with large print on the screen, what denomination the bill is. This allows easy money identification at home or while out.
- 2. Tap Tap See This app also uses the camera to take a picture of an object the person needs to identify. Using an internet search, Tap Tap See will give an audio description of the item.
- 3. Be My Eyes Be My Eyes is similar to Tap Tap See, it uses the camera but you connect to

- a live person. This person is a volunteer so they do not have any training with working with people with vision loss. The person with the vision loss uses their camera to show what item they need identified or read and the volunteer assists them.
- 4. KNFB Reader While this app is not free like the others, it has a purpose most would find priceless. This app converts text to speech and/or Braille for users. It can read documents long and short by taking a picture using the camera on the phone/tablet and using ocular character rec-

ognition (OCR) to read the document out loud.

5. Seeing AI – This is one of my favorite apps. Seeing AI has

multiple purposes, again using the phone/tablet's camera. This app can identify text such as KNFB Reader using OCR for short and long text. And unlike any other OCR it is able to read some handwriting! It can also identify money like the Look-Tel Money Reader. It has a bar code reader to give product descriptions and read labels. It can also give a description of people and the scene/surroundings indoors.

These apps are not a one size fits all or needed for everyone but a great tool for a person's tool kit. If

you have questions on how to download an app or need additional resources, please contact Mandy Smith at 785-528-3105.



# 2020 FRIENDS GROUP SCHEDULE [ RCIL



RCIL Offices are CLOSED on

Due to COVID-19 <u>ALL</u> Friends group meetings are subject to change. PLEASE CALL AHEAD to check the status of your meeting.

El Dorado Time Topic	Time		Topic
July 15th 1:00pm - 5:00pm Aug 19th 1:00pm - 3:00pm	1:00pm - 3: 1:00pm - 3:	00pm 00pm	ADA Celebration Beating the Heat
Sept 16th	1:00pm - 3:	00pm	How To Be Your Own Ad
*Location: RC	IL Office	<b>(</b> )	

615 1/2 N. Main, El Dorado, KS 67042

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Emporia	Aug 31st 1:30pm - 3:30pm To Be	S	*Loc

Topic ADA Celebration Beating the Heat How To Be Your Own Advocate	ureka, KS 67045
Eureka Time Topic  July 7th 1:00pm - 3:00pm ADA Celebration  Aug 4th 1:00pm - 3:00pm Beating the Heat  Sept 1st 1:00pm - 3:00pm How To Be Your C *Location: Magic Circle Apartments	Magic Circle Rd., En
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Eureka July Aug Sept *Locatio	

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Ft Scott	July 10th 12:00pm - 2:00pm Meeting Cancelled	Sept 8th 12:00pm - 2:00	*Location: Bourbon County Se	26 N. Main St., For

experienced, a disability. We meet monthly to share & learn about disability related topics, to advocate for change in our Friends are groups of individuals who have, or have communities, and to have fun!

<b>3</b>		Advocate		
Topic How To Prepare To Vote	sks	How To Be Your Own Advocate		
Topic To Prepa	made Ma	Co Be Yo		66523
How 1	I Home	1 How ]	ıts	City, KS
Time m - 3:00pm	Aug 12th 1:00pm - 3:00pm	-3:00pm	, partmen	207 S. 6th St., Osage City, KS 66523
T.00pm	1:00pm	1:00pm	k Place A	S. 6th St.
City y 8th	g 12th	t 9th	ion: Par	207
Osage City July	Aug	Sep	Locat	

22nd 1:00pm - 3:00pm How To Be Your Own Advocate

217 N. Washington Ave., Iola, KS 66749

\*Location: Iola Housing Authority-Kitchen

25th 1:00pm - 3:00pm 28th 1:00pm - 3:00pm

Aug Sept July

vocate

Iola

Stress Management Microwave Dinners

				n Adve	e	
20/ S. Olli Si., Osage Cilly, AS 00323	Topic	Stress Management	Microwave Dinners	How To Be Your Own Adve	Location: Timber Ridge Apartment Homes—Clubhouse	nola, KS 66071
S. 0th St., Osage C.	Time	July 24th 1:00pm - 3:00pm	$1:00\mathrm{pm}$ - $3:00\mathrm{pm}$	1:00 pm - 3:00 pm	nber Ridge Apartme	908 N. Hosnital Dr., Paola, KS 66071
707		24th	28th	25th	n: Tin	306
	aola	July	Aug	Sept 25th	Location	

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. <u>.</u>	or One	Aug 11th 2:00pm - 3:00pm Voting Rights & Responsibilities	e Your O	outer or I
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	~	-	$\alpha$	
Online Friends	July 1,	Aug 1	Sept	cation:

To request accommodations 2 weeks prior to a meeting For more information about RCIL Friends group

Contact RCIL at: 1-800-580-7245 or info@rcilinc.org In cases of inclement weather, please call ahead!

### Enter For Your Chance to WIN a FREE Prize!

To be entered into a drawing for a FREE prize, complete the quiz below and turn it in to RCIL by July 17, 2020 in the following ways:

- By mail: RCIL P.O. Box 257 Osage City, KS 66523
- OR e-mailing your answers to info@rcilinc.org

The winning ticket will be drawn on July 20, 2020 and the prize will be mailed to the winner on the same day.

Cut	Here Fi	ll in the Blanks
1.	Lawn care,	, and pet care (unless it is a service ani- unauthorized activities when submitting time and Community Based Services.
2.	Online Friends Group meets the month at 2:00pm via Zoom.	E Tuesday of each
3.	Advance voting is available for _by July 28, 2020.	registered voter who signs up
4.	Behave vision loss.	is one of the five apps available for people who
Na	ne:	
Ad	dress:	
Pho	one Number:	

### Vote From Home! Continued

REGISTER TO

Continued from page 1

sign up for advance voting and vote from home! Advance voting is available for any registered voter who signs up by July 28th. Advance voters receive a ballot in the mail as early as 20 days before the election. Just complete and mail the ballot to your county election office by (or drop it off before) Election Day.

Advance voting is a good option this year because many locations are struggling to find poll workers

due to concerns about COVID-19. A lack of workers may mean elimination of polling sites and long, long lines at sites

that are open. Not only does advance voting reduce your exposure to CO-VID-19, it also eliminates last-minute barriers such as bad weather, not having transportation, being sick, or simply wanting to avoid the crowd.

Only 1 out of every 4 Kansans voted in the 2018 primary election. So your vote

DOES make a difference. If you have questions or need assistance, contact RCIL at 1-800-580-7245.

### **Voter Registration Deadlines**

- July 14th last day to register for the August primary election
- October 13th last day to register for the November general election



# I have a power chair and it need new batteries. Who can help me with this?

Our Independent Living Specialists can assist you by developing a plan on getting new batteries and working with you with tasks identified on the plan such as locating vendors who sell batteries and applying for financial assistance.

# What does the ADA stands for?

The ADA stands for the Americans with Disabilities Act. It was signed into law on July 26, 1990.

# What are some of the positive changes the ADA made in the United States within the last 30 years?

Curb cuts, reasonable accommodations at a workplace, and accessible public transportation are just a few positive changes that happened in the United States within the last 30 years. If you are interested in making a positive change in your local community to accommodate people with disabilities, call RCIL to learn about their RCIL Friends groups at 1-800-580-7245.

If you have any questions or need any resources contact an Independent Living Specialist at 1-800-580-7245.



PO Box 257 Osage City, KS 66523

### Non-Profit Organization U.S. Postage

### PAID

Osage City, KS Permit No. 93

### Moved?

If you've moved or changed your phone number, name, or email address, call 1.800.580.7245 so we can keep in contact with you!

# We're on the Web!

Visit us at: www.rcilinc.org

Find us on:





### HIPAA Privacy Notice

RCIL's Notice of Privacy Practices based on the Health Insurance Portability Accountability Act of 1996 (HIPAA) is available in every RCIL office and on the RCIL website at http://rcilinc.org/resources. You can request a copy of the notice at anytime by contacting RCIL at 1.800.580.7245 or info@rcilinc.org.

### **RCIL Home Office**

Address

P.O. Box 257 1137 Laing

Osage City, KS 66523

Phone

1.785.528.3105 Voice

1.800.580.7245 Toll Free

1.877.929.7655 Payroll Help Desk Payroll Fax

Fax

1.785.528.3665

Payroll Fax 1.785.528.2938

### Satellite Offices

El Dorado

615 1/2 N. Main El Dorado, KS 67042 1.316.322.7853 Voice 1.800.960.7853 Toll Free 1.316.322.7888 Fax

lola

104 S. Washington Ave. Iola, KS 66749 1.620.365.8144 Voice 1.877.944.8144 Toll Free 1.620.365.7726 Fax Emporia

215 W. 6th Ave., Suite 201 Emporia, KS 66801 1.620.342.1648 Voice 1.888.261.4024 Toll Free 1.620.342.1821 Fax

Topeka

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